

# THE MIRACLE MORNING

## Daily Planner

### GOALS

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### SAVERS

- S-Silence-Prayer.....
- A-Affirmations.....
- V-Visualization.....
- E-Exercise.....
- R-Reading.....
- S-Scribing/Journaling.....
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- .....  
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### ! URGENT !

### NOTES

MENU

AM



NOON



PM